

## A Reading List for Parents

These books are designed to help you encourage your child to open up about feelings and other hard-to-discuss subjects.

### **The Rainbow Fish**

By Marcus Pfister  
Published by North-South  
(a companion puppet is also available)

### **The Way I Feel**

by Janan Cain  
Published by Parenting Press

### **Feelings (Reading Rainbow book)**

by Alik  
Published by HarperTrophy



Additional books written and published by psychologists are available at [www.apamaginationpress.org](http://www.apamaginationpress.org).



LEHIGH VALLEY HOSPITAL  
Cedar Crest & I-78, Allentown  
17th & Chew Streets, Allentown

LEHIGH VALLEY HOSPITAL—  
MUHLENBERG  
Route 22 & Schoenersville Road  
Bethlehem

[lvh.org](http://lvh.org)  
610-402-CARE

For more information  
or for a physician referral,  
call 610-402-CARE