



YOU CAN HELP FRIENDS AND FAMILY STAY SOBER BY ENJOYING THESE

# Spirit-free Recipes

AT YOUR NEXT HOLIDAY GET-TOGETHER...

## BATMAN COCKTAIL

- 6 oz. orange juice
- 1/2 tsp. Granadine
- Club soda

Shake over lots of ice cubes in a collins glass and top with a soda. Garnish with an orange slice.

## BLACK & TAN

- 2 oz. milk
- 4 oz. cola

Combine in glass, add ice, stir and serve.

## BUNNYBOTTOM

- 1/2 oz. lemon juice
- 1 oz. orange juice
- 3 oz. apple juice
- 2 tsp. maple syrup

Combine in cocktail shaker, add 3 ice cubes, shake thoroughly, pour and serve.

## CREOLE COOLER

- 1 pint milk
- sugar
- 8 oz. crushed pineapple chilled
- 2 oz. orange juice
- 3 tsp. lime juice

Combine pineapple with the juices in a pitcher, add sugar to taste. Add the milk, mix well and serve.

## FRUIT DINQUIRI

- 1/2 tsp. lime juice
- 4 oz. fresh tropical fruit mix (pineapple, mango, peach, strawberry, etc.)
- 1 tsp. powdered sugar
- 4 oz. lemon-lime soda

Combine in blender, add a few ice cubes, blend for 35 seconds, pour and top with a slice of pineapple or peach.

## LADY GODIVA

- 1/4 oz. lime juice
- 2 oz. collins mix
- Juice from 1/2 lemon
- 1/2 oz. tropical fruit syrup
- Maraschino cherries

Combine in blender, add a few ice cubes, blend for 30 seconds. Top with two Maraschino cherries.

## PEARLS & LACE

- 2 oz. each of
- Orange soda
- Cola
- Root Beer
- 7-Up
- Splash of lemonade

Combine with ice in a tall glass.

## PSYCHADELIC SHAG

- 1 part cranberry juice
- 2 parts ginger ale
- crushed ice
- rainbow sherbert

Mix cranberry juice, ginger ale and ice in punch bowl. Pour into a cup; top with a scoop of rainbow sherbert.

## TRANSFUSION

- 3 oz. grape juice
- 6 oz. ginger ale
- Splash of lime juice

Combine with ice in a tall glass, garnish with a lime wedge.

COURTESY OF **LEHIGH VALLEY HOSPITAL**  
AND HEALTH NETWORK

