



## Parents' Tips For Being A Good Sport

### Remember:

- **Where teams practice and play games is like your child's classroom. Respect the classroom and that means respecting the coaches and other officials.**
- **Make only positive, encouraging comments to the players on both teams.**
- **Focus on fun and participation rather than winning or losing. Celebrate all games, win or lose. Concentrate on effort.**
- **If your child's team wins, compliment the opponents.**
- **If your child's team loses, compliment the opponents. Don't frown!**
- **Making mistakes is part of your child's learning process, so don't criticize and don't nag.**
- **Commend your child for the good things he or she did no matter what the results of the game or how he or she played.**
- **Don't make sports all-important. There are many more things in life.**
- **Ask your children if they had fun. Then ask why or why not?**
- **Remember, it's their game, not yours.**
- **Control your emotions at all times. If you can't trust yourself to do that, stay home.**
- **Get interested in your child's sports and learn the rules.**
- **Be a better role model to your children. They look up to you and imitate you. Don't set a poor example.**
- **Love and support your children at all times!**

### LEHIGH VALLEY

HOSPITAL AND  
HEALTH NETWORK

LEHIGH VALLEY HOSPITAL  
Cedar Crest & I-78, Allentown  
17th & Chew Streets, Allentown

LEHIGH VALLEY HOSPITAL—  
MUHLENBERG  
Route 22 & Schoenersville Road  
Bethlehem

[www.lvh.org](http://www.lvh.org)  
610-402-CARE

For more information  
or for a physician referral,  
call 610-402-CARE

Source: National Alliance for Youth Sports